

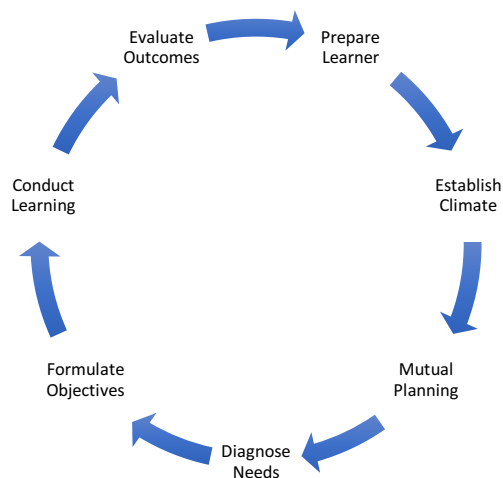
Making Music Throughout Adulthood: Best Practices in Teaching Piano to Adults

Webinar Handout

Dr. Pamela D. Pike, Presenter

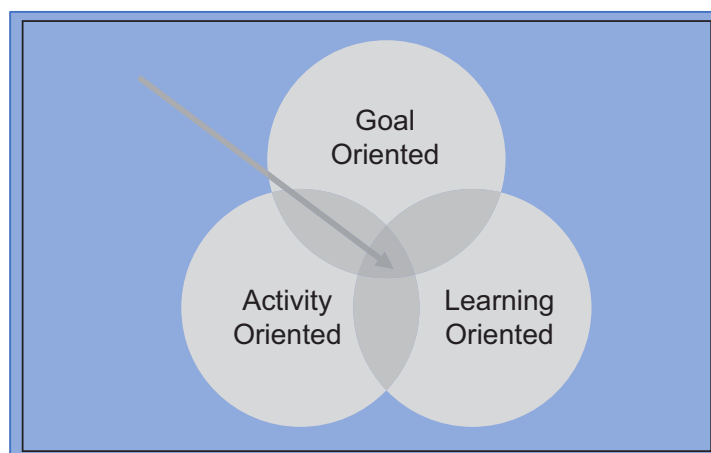
Andragogy: The art & science of teaching adults
We are facilitators and leaders in the adult student-instructor partnership

The student-facilitator partnership is a cyclic & ongoing process



Pike (2017); Adapted from Knowles et al. (2011)

Motivation Orientation of Adult Students



Pike (2017); Adapted from Houle (1984) & Tough (1978)

Adult Task Development Stages

Developmental Period	Age	Task
Early Adult Transition	17–22	Explore Possibilities
Adulthood	22–29	1 st Major Life Construct
Age 30 Transition	29–33	Reassess Life Construct
Settling Down	33–40	2 nd Life Construct
Midlife Transition	40–45	What Have I Done?
Mid-Adulthood	45–50	Create New Construct
Age 50 Transition	50–55	Minor Adjustments
Culmination Mid-Adulthood	55–60	2 nd Mid-Life Construct
Late-Life Transition	60–65	Prep for Retirement
Late Adulthood	65+	Create Late-Life Construct; Deal with Declines

Pike (2017); Adapted from Levinson (1978)

During the Lesson:

- **Respect Stage in Life**
(Restrictions & Freedoms)
- **Acknowledge Learner Needs & Reframe Outcomes**
(Partnership)
- **Include Learner in Choices**
- **Facilitate**
 - Success (Repertoire Selection; Cognitive Strategies; Timeline; Outcomes)
 - Technical Improvements
 - Metacognition
- **Reframe Experience & Timeline**
(Revisit Regularly)
- **Adapt to Each Learner & Maintain Flexibility**

Traits of Effective Teachers of Adults:

- Expertise
- Empathy
- Enthusiasm
- Clarity
- Expectancy

Additional Considerations for Repertory, Editions, Curriculum...

- Arrangements
- Transcriptions
- Style/Genre of Music
- Tempo
- Theory
- Technique/Warm-ups/Relaxation & Breathing Exercises

Professional Development Opportunities:

- Webinars
- Self-Reflection/Written & Video
- Supervised Teaching/Mentoring Sessions with Trusted Educators & Colleagues
- Books & Journals (www.claviercompanion.com has archived articles and digital resources related to teaching adults. Check back frequently!)

For Adult Students:

A **teacher** is best when we hardly know he exists.
When his work is done, his aim fulfilled, his students will say,
“we did this ourselves!”

Adapted from Lao Tzu