# Yes, You Can!

Breaking through student and teacher inhibitions to create meaningful learning through improvisation.

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Intro: Asking someone to "go ahead and improvise" is like saying "go ahead, give a speech in French"

**Improvisation** - not just notes, but rhythm, fingering, form, articulation, dynamics, harmony, style, mood, etc.

**Reinterpret** "I can't" or "I don't know how" as "I need more specific directions." **Remove** difficulties by presetting or eliminating elements and giving students specific achievable tasks.

## Why bother?

- Speak the language of music
- Professional applications (jazz, church)
- Composition
- Averting disaster!
- Staying inspired

#### **Rhythm**

- First improvisations could/should be *without notes*
- Use claps, snaps, taps, vocalizations, percussion instruments, foot stomps
- Try exchanging two-measure rhythms (clapping) with your students

*Tips*: marching; phrase endings; pickups/rests

Next Steps: Move to the piano (one note only). Students can trade between their RH and LH

## **Accompaniments**

- Transition clapping rhythms into repeated chords for a chord progression (for example, I-IV-V7-I)
- Try with "broken chords" and "oom-pah" rhythms; start with clapping and use the rhythm to generate an accompaniment
- Utilize repetitions and omissions to create a variety of accompaniment patterns

*Tips:* Vary the harmonic rhythm - not always one measure per chord, but sometimes faster, sometimes slower

*Next steps:* Mix accompaniment styles within a progression; move to different keys, sub in different chords (ii, V/V, iv, vi, etc.)

## **Arpeggios**

- Make melodies playing only the notes of the chords
- Match left hand and right hand
- Use multiple octaves, turn around for different shapes, repetition, skipping
- Start with just one chord and then try over the same chord progressions you've been practicing

*Tips:* show them melodies of famous songs to inspire them (*Eine Kleine Nachtmusik*, *Appassionata* Sonata, "Jesus Christ, Superstar")

Next Steps: Try adding half-step lead-ins (from below)

## "Intermission" - Miscellaneous Tips

- Never be afraid to write something out first! Improvisation = creation + performance; taking away the creation side means students can focus on a performance
  - o (bike-riding analogy improvisation in rhythm needs to be *felt*)
- Work to engage the ear. The difference between a scale fragment and a melody is that someone *hears* the melody before playing it. If students are willing to sing, have them sing something first, then play it after.
- Three ways to "customize" an exercise's difficulty: speed, key/progression, and the number of elements in an exercise
- "Make a mess" and clean it up later; encourage students to be okay with being imperfect

#### Scales

- The DNA of melodies don't just practice up and down, but divide into intervals and practice changing directions (practicing scales is like cooking chicken)
- "Jeremy's Famous Scale Game"
  - Rules: playing only the notes of a given scale, play consistent quarter notes without missing a beat for 1 minute. You're not allowed to play in patterns or repeat notes

*Tips*: watch fingering - add cross-overs, cross-unders, extend/contract and make sure the student's using leaps bigger than a fourth.

Next Steps: Use scales as a device to connect between arpeggios.

#### Form

- Blues a great place to start because the student doesn't have to change scales
- AAB blues (3 phrases 4-bar phrase, repeat the 4-bar phrase, and then a contrasting 4-bar phrase "oh my baby left me, she left me yesterday" x2, "My baby just went away")
- "play two, rest two"
- Analyze existing melodies and have your students imitate the phrase structure

*Tips:* Make sure phrases have clear beginnings and endings (no improvisation "diarrhea"); listen for different phrase lengths; make sure students are repeating themselves in improvisation!

#### What Next?

- 1) Create larger structures! ("Russian nesting doll" of ABA...i.e. ABA CDC ABA)
- 2) Start improvising over jazz progressions. In jazz, the chord progression is given, the melody needs to be created.
- 3) Explore different pianistic textures (use repertoire pieces to inspire)